

ANGUS HEAD START * NOVEMBER '24

A Nourished Student is a Learning Student!



This institution is an Equal Opportunity Provider.



Sun

HIRING

**WCS
NUTRITION
SERVICES IS
LOOKING FOR
A GOOD
EMPLOYEES TO
FULFILL OUR
NEED FOR
CAFÉTERIA
HELPERS.
APPLY ONLINE
TODAY!
Call the
Nutrition
Service Office at
586.698.4158 to
express your
interest in
employment.**

Mon

10/28
Certified Halal Beef Steak
Burger on Whole Wheat Bun
4- Smiley Fries
Ketchup & Mustard
1/4 cup Peach Cup

4
4-Mini Whole Grain Turkey
Corn Dogs
**1/4 cup Vegetarian Baked
Beans**
1/4 cup Diced Peaches
Ketchup & Mustard

11
No School

18
All Beef Hot Dog on a
Whole Grain Bun
Ketchup
**1/4 cup Vegetarian Baked
Beans**
1/4 cup Mixed Fruit Cup
Ketchup & Mustard

Tue

10/29
3-Cheese Stuffed Breadstick Bites
1/4 cup Marinara Sauce
1/4 Cup Green Beans
Strawberry Cup

5
No School

12
Bagel Fun Day!
Whole Grain Bagel
Light Cream Cheese
Strawberry Yogurt
Low Fat Mozzarella Cheese
Stick
1 bag Fresh Apple Slices
1 Bag Baby Carrots

19
Italian Pull Apart Cheese &
Garlic Bread
**1/4 cup Seasoned Corn &
Carrots**
1/4 cup Diced Peaches

Wed

10/30
Whole Grain Cheese Quesadillas
Served with
1/4 cup Refried Beans
1/4 cup Cinnamon Applesauce

6
3-Whole Grain Breaded
Chicken Tenders
4 Smiley Fries
1/4 cup Mandarin Orange Cup
BBQ Sauce

13
Thanksgiving Meal
3oz Turkey & Gravy
1/4 cup Mashed Potatoes
1/4 cup Seasoned Green Beans
1 WG Dinner Roll
1/4 cup Cinnamon Applesauce

20
WG Galaxy Pizza
1/4 cup Seasoned Broccoli
1 Fresh Banana

Thu

10/31 **Happy Halloween**
4- Whole Grain Breaded
Chicken Nuggets
1/4 cup Seasoned Broccoli
1/4 cup Mixed Fruit Cup
Ketchup Packet

7
Mozzarella Cheese Topped
Breadsticks
1/4 cup Marinara Sauce
1/4 cup Seasoned Broccoli
1/4 cup Mixed Fruit

14
Whole Grain Beef Taco Stick
1/4 cup Refried Beans
Strawberry Cup

21
Whole Grain Grilled Cheese
1/4 cup Seasoned Green
Beans
1/4 cup Cinnamon
Applesauce

Fri

11/1
1 Smoked Turkey Breast Stick
1 Cheddar Cheese Stick
1 bag Whole Grain Cheez-it
Crackers
1 bag **Baby Carrots**
1 Bag Fresh Apple Slices

8
Cold Tasty Brands
Pizza Lunch Kit
(Whole Grain Flat Bread ,
Cheese, & Marinara Sauce)
1 Bag Apple Slices
1 Bag Cherry Tomatoes

15
1 Soybutter & Jelly
Sandwich
1 Cheddar Cheese Stick
**1/4 cup Broccoli Buds w.
Ranch**
1 bag Apple Slices

22
1 Hummus Cup
1 Cheddar Cheese Stick
1 Whole Grain Pita (cut)
1 Bag Cherry Tomatoes
1 bag Fresh Apple Slices

Sat

Everyday
your child
will
receive 1%
white milk
with
their meal.

Due to
continued
nationwide
food
shortages
and supply
chain issues,
menus are
subject to
change
depending on
availability.



Parent Teacher Conferences 11/25-11/27